IHOP Crepes Menu 2025: Prices, Calories & Best Picks

IHOP's crepes are a whole mood—thin, fluffy, and packed with all kinds of deliciousness. These aren't just any crepes; they're griddled to perfection and loaded with savory goodness. Take the **Cinnamon Bun Crepes** for example. At **$11.99** and **680 calories**, these beauties come filled with cheesecake mousse, drizzled with cinnamon bun filling, and topped with cream cheese icing and fresh strawberries. Yeah, it's basically dessert for breakfast, and nobody's complaining.

Now, if there's one crepe that steals the spotlight, it's the **Breakfast Crepes**. These things are legendary. Stuffed with scrambled eggs, crispy bacon, hash browns, white cheese sauce, and melted jack and cheddar, they're a full breakfast wrapped in a delicate crepe. At **$11.79** and **1,260 calories**, they don't just satisfy hunger—they make mornings better.

ITEM	PRICE	CALORIES
New Chicken Florentine Crepes	$14.49	860 Cal
Crepe Combo	$14.49	990-1780 Cal
Breakfast Crepes	$13.79	1260 Cal
Cinnamon Bun Crepes	$13.99	680 Cal
Fresh Berry Crepes	$13.99	650 Cal

iHop Crepes Menus PDF

IHOP Crepes Menu Spring 2025

The **crepes menu at IHOP** is packed with flavor, offering both sweet and savory options that hit just right. These thin, golden crepes are griddled to perfection and filled with everything from fresh fruit to melty cheese and crispy bacon. Every bite brings a soft, buttery texture with just the right amount of richness.

For those who love a hearty start, the **Breakfast Crepes** bring the best of both worlds—fluffy scrambled eggs, crispy bacon, and gooey cheese, all wrapped in a warm crepe. It's basically a full breakfast in one bite. If dessert-for-breakfast sounds better, the **Cinnamon Bun Crepes** take things up a notch with cheesecake mousse, cinnamon filling, and cream cheese icing drizzled on top.

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860 Cal

Crepe Combo
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IHOP's Crepes Nutritional Information

IHOP's crepes aren't just tasty—they also pack in some serious calories, depending on what you're ordering. Here's a quick breakdown of the most popular crepes on the menu:

ITEM NAME	CALORIES	PRICE	PROTEIN	SUGAR
Breakfast Crepes	1,260	$11.79	37g	7g
Cinnamon Bun Crepes	680	$11.99	9g	46g
Fresh Berry Crepes	650	$11.89	8g	38g
Chicken Florentine Crepes	880	$12.25	33g	6g
Crepe Combo	780-990	$12.59	26g	9g

How to Order From Crepes Menu at IHOP?

Getting your favorite IHOP crepes is easy, and there are plenty of ways to do it. Pick what works best and enjoy every bite.

- **Dine-In:** Walk in, grab a seat, and order straight from the menu.
- **Online Ordering:** Visit IHOP's website or use their app to place an order for pickup or delivery.
- **Drive-Thru:** Some locations have a drive-thru for quick orders without leaving the car.
- **Takeout:** Call ahead or order online, then pick it up at the restaurant.
- **Third-Party Delivery:** Use apps like DoorDash, Uber Eats, or Grubhub to get crepes delivered.

FAQ's

Do IHOP's crepes contain gluten?

Are there vegetarian crepe options at IHOP?

Can I customize my crepe order?

Do IHOP's omelettes contain pancake batter?

Are there limited-time crepe offerings?

Can I order crepes for delivery?

Conclusion

IHOP's crepes are pure joy on a plate. Soft, thin, and packed with flavors that hit just right. Every bite feels like a warm hug, especially with the Cinnamon Bun Crepes dripping in cream cheese icing and the Breakfast Crepes loaded with all the good stuff. The balance of fluffy, crispy, and creamy textures makes every forkful worth it.

The best way to level up the experience? Go all in. Get a **Crepe Combo**, pair it with a side of crispy bacon or a stack of classic buttermilk pancakes, and make it a full-on IHOP feast. Trust me, mixing crepes with other menu favorites makes the meal even better.

So grab a plate, roll up that fork, and enjoy every bite—because IHOP's crepes are more than just food, they're happiness wrapped in a perfect golden layer.

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